

**shree aaditya hrudaya stotram //**

om asya shree aaditya hrudaya stotra mahaamantrasya

agastya rushihi anushTup cChandaha

aaditya hrudaya bhooto bhagavan nirastaa shesha vighnataya

sarvatra jaya siddhau viniyogaha

asya shaDangaNya rashnimate namaha

ityanena

tato yuddhaparishraantam samare chintayaa sthitam |

raavaNam chaagrato drushTvaa yuddhaaya samupasthitam || 1 ||

daivataishcha samaagamya drashTumabhyaagato raNam |

upaagamya braveedraama agastyo bhagavaan rushihi || 2 ||

raama raama mahaabaaho shruNu guhyam sanaatanam |

yena sarvaanareen vatsa samare vijayishyasi || 3 ||

aaditya hrudayam puNyam sarva shatru vinaashanam |

jayaavaham japennityam akshayam paramam shivam || 4 ||

sarvamangala maangalyam sarva papa praNaashanam |

chintaa shoka - prashamanam aayurvedhanam uttamam || 5 ||

rashmimantam samudyantam devaasura namaskrutam |

poojayasva vivasvantam bhaaskaram bhuvaneshvaram || 6 ||

sarvadevaatmako hyesha tejasvee rashmibhaavanaha |

esha devaasuragaNaan lokaan paati gabhastibhihi || 7 ||

esha brahmaa cha vishNushcha shivah skandah prajaapatihi |

mahendro dhanadah kaalo yamah somo hyapaampatihi || 8 ||

pitaro vasavah saadhyaa hyashvinau maruto manuhu |

vaayurvahnih prajaapraaNa rutukartaa prabhaakaraha || 9 ||

aadityah savitaa sooryah khagah pooshaa gabhastimaan |

suvarNasadrusho bhaanu rhiraNyaretaa divaakaraha || 10 ||

haridashvah sahasraarchih saptasapti - rmareechimaan |

timironmathanah shambhustvashTaa maartaanDa anshumaan || 11 ||

hiraNyagarbhah shishirastapano bhaaskaro ravihi |

agnigarbho aditeh putrah shankha shishiranaashanaha || 12 ||

vyomanaathastamobhedee rug yajuh saama paaragaha |

ghana vrushTirapaam mitro vindhya veethee plavangamaha || 13 ||

aatapee manDalee mrutyuh pingalah sarvataapanaha |

kavirvishvo mahaatejaah raktah sarva bhavodbhavaha || 14 ||

nakshatra grahataaraaNaam adhipo vishva bhaavanaha |

tejasaamapi tejasvee dvaadashaatman namostute || 15 ||

namah poorvaaya giraye pashchimaayaadraye namaha |

jyotirgaNaanaam pataye dinaadhipataye namaha || 16 ||

jayaaya jayabhadraaya haryashyaaya namo namaha |

namo namah sahasraamsho aadityaaya namo namaha || 17 ||

namah ugraaya veeraaya saarangaaya namo namaha |

namah padma prabodhaaya maartaanDaaya namo namaha || 18 ||

brahmeshaana achyuteshaaya sooryaaya aadityavarchase |

bhaasvate sarvabhakshaaya raudraaya vapushe namaha || 19 ||

tamoghnaaya himaghnaaya shatrughnaaya amitaatmane |

krutagnaghnaaya devaaya jyotishaam pataye nama: || 20 ||

tapta chaameekaraabhaaya vahnaye vishvakarmaNe |

namastamo abhinighnaaya ruchaye lokasaakshiNe || 21 ||

naashayatyasha vai bhootam tadeva srujati prabhuhu |

paayatyesha tapatyasha varshatyasha gabhastibhihi || 22 ||

esha supteshu jaagarti bhooteshu parinishThita: |

esha evaagnihotrancha phalam chaivaagnihotriNaam || 23 ||

vedaashcha rutavashchaiva rutoonaam phalameva cha |

yaani krutyaani lokeshu sarva eshu ravih prabhuhu || 24 ||

phala shrutihi

ena-maapatsu krucChreshu kaantareshu bhayeshu cha |

keertayan purushah kashchin naavaseedati raaghava || 25 ||

poojayasvainam ekaagro devadevam jagatpatim |

etat triguNitam japtvaa yuddheshu vijayishyasi || 26 ||

asmin kshaNe mahaabaaho raavaNam tvam vadhishyasi |

evamuktavaa tadaagastyo jagaama cha yathaagatam || 27 ||

etachChrutvaa mahaatejaa nashTashoko abhavattadaa |

dhaarayaamaasa supreeto raaghavah prayataatmavaan || 28 ||

aadityam prekshya japtvaa tu param harshamavaaptavaan |

triraachamya shuchirbhootvaa dhanuraadaaya veeryavaan || 29 ||

raavaNam prekshya hrushTaatmaa yuddhaaya samupaagamat |

sarva yatnena mahataa vadhe tasya dhruato abhavat || 30 ||

atha ravi-ravada-nnireekshya raamam

muditamanaa: paramam prahrushyamaaNaha |

nishicharapati sankshayam viditvaa

suragaNa madhyagato vachastvareti || 31 ||

|| iti shree raamaayaNe yuddhakaanDe aaditya hrudaya stotram sampoorNam ||